

C O P E

Chemotherapy Orientation Patient Education



What is the COPE Programme?

The COPE Programme can help to prepare you and your caregiver on what to expect on your first day of treatment. We will be sharing practical steps that you can take to prepare for the impact that treatment may have on your day-to-day responsibilities, and the necessary tests you can schedule to make sure your body is ready for the journey. Our team of nurses will also be present to address any of your concerns.

When and where are the classes?

Classes will be conducted every Monday and Thursday, from 11.00am – 12pm at the Health Resource Centre (Corridor G, Level 10).

Your C.O.P.E class is from 11.00am – 12pm on : _____

How do I schedule my class?

Please email ncishrc@nuhs.edu.sg or call 9836 8204 to register or change your class date. You are strongly encouraged to attend the class before you start chemotherapy.